FIRST YEAR MILESTONES

0-8 Weeks

smiles for the first time
gurgles with pleasure
expresses likes & dislikes
cries real tears
gazes at your face briefly
lifts head briefly when on tummy

8-12 Weeks

watches people moving
watches leaves on trees moving
watches facial gestures
turns head towards things
interested in shiny items
holds head upright
waves arms & kicks legs
discovers hands & feet
swipes at toys
closes hand around objects
mumbles & gurgles
enjoys listening to singing

12-16 Weeks

studies your hands & face
puts everything into mouth
rolls from back to side
puts toes in mouth
makes vowel sounds
blows bubbles
expresses boredom

16-24 Weeks

has a special toy/blanket
turns to search for you
reacts to own reflection in mirror
rolls from back to tummy
rolls from tummy to back
attempts to raise to hands & knees from tummy
sits up straight when leaning against you
stretches arms to be picked up
passes objects between hands
sticks hand in your mouth
shakes & bangs toys
responds to own name
recognises opening bars of songs
makes new sounds & uses consonants

24-34 Weeks

selects books/toys
pays attention to small details
sits up from lying down
pulls up to standing
takes steps with support
bounces without leaving the ground
starts to crawl
grasps small objects
pushes doors closed
claps hands on request
puffs & blows
dances to music
first solid foods
first tooth appears

34-42 Weeks

cries when another baby cries
understands names of objects
recognises categories (animals, toys) recognises
people in different circumstances
wants to play games with other people
calls family members
repeats words after you
uses a bottle to feed you
plays peek-a-boo

42-52 Weeks

says "No"
recognises names of body parts & can point to
    them
looks for something you've hidden
fills & empties bath toys of water
tries fitting different sized containers inside
    each other
scoops up food with a spoon
points out objects for you to name
tries talking into a phone
helps with house work (sweeps, dusts, etc)
helps when you dress them
uses objects as steps to climb

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